

## NEW YORK CITY FESTIVAL FOR GENDER EQUALITY WORKSHOP DESCRIPTIONS

### **1- What Teens Should Know about Dating Abuse and Domestic Violence**

**Amethyst Women's Project**

**11:00-11:30**

All the things teens should know about dating abuse and domestic violence.  
(ages: 13-18; space limited to 30)

### **2- Media Literacy and the Image of Teen Girls in Film and Print**

**Arts Engine/Media Rights**

**11:00-11:30**

We will go over the 5 basic principles of media literacy by showing examples from short films on a laptop. (ages: 13-18)

### **3- Teamwork and Community Building**

**Brooklyn Children's Museum**

**12:30-1:00**

Use your body, in concert with other, to build a fantastical machine – either real or imagined. (ages: 13-18)

### **4- Express Yourself!**

**Brooklyn Children's Museum**

**11:45-12:15**

Using poetry, participants will take themselves on a journey through their communities. (ages: 13-18, space limited to 20)

### **5- What is Democratic Education?**

**Brooklyn Free School**

**11:45-12:15**

Come discuss the benefits of this education for students, staff, parents and other community members. (ages: all)

### **6- Self-Defense for Teen Women and Transyouth**

**Center for Anti-Violence Education**

**2:00-2:30**

This is a self-defense workshop for teen women and transyouth where participants will learn physical and verbal responses to defend themselves in danger. (ages: 13-19; teen women & transyouth only)

### **7- What is the "Perfect Body" and Why Does Everyone Want it?**

**Child Development Support Corporation**

**1:15-1:45**

We will look at our obsession with body image and how the media influences dieting, eating disorders, steroid use, and low self-esteem. This workshop will

help participants understand that confidence and personal style are more important than striving for an unrealistic, ever-changing ideal. (ages: 13-15)

### **8- Teen Dating Abuse**

**Day One**

**11:45-12:15**

What is dating abuse, and what can we do to prevent it? (ages: 13-18)

### **9- Barrier Methods 101**

**Department of Health**

**11:45-12:15**

Get the facts on barrier method types of contraception. (ages: 16-18)

### **10- Condom Use for Boys**

**Department of Health**

**1:15-1:45**

No glove, no love. Learn how to protect yourself and your partner by using a condom during sexual activity. (ages: 13-18; men-identified only)

### **11- What is Puberty?**

**The Door**

**11:45-12:15**

An introduction to the purpose of puberty, changes that occur in the body, and basic skills to help during your adolescent years. This workshop is run by youth. (ages: 9-12; space limited to 14)

### **12- Sexual Assault: A Workshop for Women**

**Dwa Fanm**

**11:45-12:15**

Sexual Assault prevention workshop (ages: over 18; women-identified only)

### **13- Are You Listening?**

**Forest Hills Community House**

**1:15-1:45**

Parents/Caregivers: Do you feel like you don't know how to talk to your kids anymore? Youth: Do you feel like your parents/caregivers just don't have a clue who you really are? Then come to our workshop to improve your communication skills between youth and parents. This workshop is run by youth. (ages: 9-12, with parent/caregiver)

### **14- 99 Problems but Music Ain't One... Or is it?**

**Forest Hills Community House**

**1:15-1:45**

Music plays such an important role in the lives of many people, including teens. The beats and melodies are fun to dance to, but are we really listening to the lyrics? What are people really singing about, especially about women? Is it

creating more negative stereotypes for women to fight? Come by and tell us what you think. This workshop is run by youth. (ages: 13-18)

### **15- Art and Media**

#### **Free Dimensional**

**11:00-11:30**

Art and media workshop (ages: over 18)

### **16- Sticks and Stones**

#### **Generation Q**

**11:00-11:30**

Sticks and Stones is an interactive workshop about homophobia and name-calling that utilizes participants' own experiences with and knowledge of discrimination to help confront, address, and combat homophobia. This workshop is run by youth. (ages: 13-18; space limited to 25)

### **17- Myths and Realities of Commercial Sexual Exploitation**

#### **Girls Educational & Mentoring Services (GEMS)**

**2:00-2:30**

A presentation that will address the myths and realities of commercial sexual exploitation of children (CSEC). We will also provide referral information. (ages: over 13)

### **18- Arts for Children**

#### **Girls for Gender Equity**

**12:30-1:00**

Come learn about famous women artists and have fun making your own artwork! (ages: 9-12)

### **19- Budgeting Toward a Goal**

#### **Girls Inc of NYC**

**1:15-1:45**

Workshop for girls to teach them how to budget their money toward a goal. (ages: 9-12, parents/caregivers welcomed; women-identified only; space limited to 14)

### **20- Budgeting Toward a Goal**

#### **Girls Inc of NYC**

**12:30-1:00**

Workshop for girls to teach them how to budget their money toward a goal. (ages: 13-15, parents/caregivers welcomed; women-identified only; space limited to 14)

### **21- Budgeting Toward a Goal**

#### **Girls Inc of NYC**

**2:00-2:30**

Workshop for girls to teach them how to budget their money toward a goal. (ages: 16-18, parents/caregivers welcomed; women-identified only; space limited to 14)

## **22- Media and Social Change**

### **Global Action Project**

**12:30-1:00**

Screening of videos and youth leaders will facilitate a discussion about the issues to talk about how we can use media to uplift our communities and empower young people to affect positive social change. This workshop is run by youth. (ages: 13-18)

## **23- HIV/AIDS and STD Prevention**

### **HEAT Program**

**12:30-1:00**

How to keep yourself protected from HIV/AIDS and STDs. (ages: 13-18)

## **24- Plotting your Revolution on the Internet**

### **HollabackNYC**

**1:15-1:45**

Using HollabackNYC as a model, we will collectively strategize about using the Internet and related technologies to achieve your goals. Participants will be invited to bring their projects and ideas to the table for discussion. (ages: over 13)

## **25- Ending Police Brutality**

### **Justice Committee**

**1:15-1:45**

We'll discuss how you can organize and mobilize against police brutality and racially motivated violence. (ages: over 13)

## **26- HIV/AIDS Awareness**

### **Love Heals**

**1:15-1:45**

Presenters will provide an HIV 101 talk about transmission and prevention followed by a speaker who will share her personal story of infection. (ages: over 13)

## **27- Sexual Exploitation, Power and Control in Relationships**

### **Mt. Sinai Sexual Assault and Violence Intervention Program**

**11:00-11:30**

We will teach you how to identify the warning signs of sexual exploitation, talk about power and control in relationships, and give examples on how to say 'no' to recruitment tactics. (ages: 16-18; women-identified only)

### **28- Body Image and Self-Esteem**

**NARAL - TORCH Program**

**2:00-2:30**

We will discuss media and peer pressure, the effects on teens, and how to empower yourself to advocate a strong sense of self. This workshop is run by youth. (ages: 13-18)

### **29- Bullying and Bias Harassment in Schools**

**New York Association for Gender Rights Advocacy**

**2:00-2:30**

Some of the most intense bias harassment in school may be based on actual or perceived sexual orientation, gender identity and/or gender expression. How do we protect students who are being bullied and harassed because they are lesbian, gay, bisexual, or transgendered -- or perceived to be -- LGBT? How do we empower young people to counter such harassment and to become advocates for safety in their schools? We will discuss the work that NYAGRA is doing to help counter bullying and bias harassment in schools. (ages: over 13)

### **30- Parenting Boys/Parenting Girls: Joys and Challenges**

**Parents Helping Parents**

**1:15-1:45**

The participatory workshop will give the parents present an opportunity to share experiences and compare the different challenges they face raising their sons and daughters. Practical perspectives will be offered to help parents provide the support and guidance all children need to flourish. (ages: over 18)

### **31- Girls' Sports Rock!**

**PowerPlay NYC, Inc**

**11:00-11:30**

PowerPlay Executive Director Beth Rasin will lead an interactive workshop about the different sports girls and women play, and great women's sports champions. (ages: 9-11; girl-identified only)

### **32- How to be a Great Sports Parent and Coach**

**PowerPlay NYC, Inc**

**11:45-12:15**

PowerPlay Executive Director will lead an interactive workshop highlighting the techniques and philosophies for parents and coaches to encourage children's sports participation and make it a powerful, positive experience. (ages: over 18)

### **33- Youth>Media>Action: How to use Media to Support Social Change**

**P.O.V./American Documentary, Inc.**

**2:00-2:30**

Youth Views Project Manager Irene Villasenor will discuss how young people and their allies can use non-fiction media to foster dialogue and problem solving in their schools and communities. Examples of the successful POV Community

Engagement and Education Campaigns will be shared as part of the activities.  
(ages: over 13)

#### **34- Re-thinking Leadership**

##### **Sadie Nash Leadership Project**

**12:30-1:00**

We'll explore new ways of looking at leadership using the "Toolbox, human barometer" we'll discuss and break down assumptions about leadership. (ages: 11-14; girl-identified only; space limited to 15)

#### **35- Yoga for Children**

##### **Samba Yoga**

**11:00-11:30; 11:45-12:15**

An introductory and interactive workshop for children, which involves songs and fun activities. (ages: 9-11; space limited to 10)

#### **36- Yoga for Children**

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#### **37- Deal with It! Responses to Street Harassment**

##### **Street Harassment Project**

**12:30-1:00**

Participants and facilitators will discuss their experiences with street harassment and the group will define it. We will discuss how it affects us, where it comes from, attitudes of male supremacy behind it, and some approaches to dealing with it individually and in groups. (ages: over 13; women-identified only)

#### **38- Do You Know Your Sexual Health Rights?**

##### **Teen Health Initiative – NYCLU**

**2:00-2:30**

Come and learn what kind of health care you may need when you are sexually active and what your rights are! An interactive workshop that empowers teens about their rights to access health care confidentially, their rights to stay in school while pregnant or parenting and their options through role plays and peer education. This workshop is run by youth. (ages: 13-18; space limited to 30)

#### **39- Bridging the Gap between Generations**

##### **The Victorian Hands Foundation**

**11:00-11:30**

Parents' words greatly impact their children. We'll talk about communication tips for parents & teens that will help you get through these tough years while maintaining a strong relationship. (ages: over 18)

#### **40- Developing Your Own Gender Identity**

**Willie Mae Rock Camp for Girls**

**2:00-2:30**

This workshop is on identifying the ways society distinguishes girls from boys, and how to work against that to carve your own sense of self and build alliances with others (ages: 9-12)

#### **41- Preparing for a Successful Interview**

**Women and Work**

**12:30-1:00**

The workshop will focus on preparing for a successful job interview starting with the cover letter, resume and appropriate dress. Most importantly, we will discuss how to be an 'active' participant in the interview process and how to answer the truly difficult or 'loaded' questions. (ages: over 18; women-identified only)

#### **42- Title IX and Girls Athletics**

**Women's Sports Foundation**

**2:00-2:30**

This workshop uses an interactive format to identify current equity issues in athletics and address possible solutions. Participants will come out of the workshop with an understanding of the Title IX law, how it works, and how it can be applied to their situations. (ages: all)

#### **43- Volunteering and Mentoring**

**Youth at Risk**

**1:15-1:45**

We will talk about volunteer recruitment and the importance of mentoring and volunteering at non-profit organizations like Youth at Risk. (ages: over 18)

#### **44- Life Skills for Young Women and Men**

**Youth Employment Services**

**11:00-11:30**

We will discuss self-awareness, self-esteem, decision making and future planning abilities. (ages: 13-21)

#### **45- Everyone Has a Story To Tell!**

**Zany Angels Dance Theater Company**

**2:00-2:30**

How do you take a story from your life and turn it into art? We offer a variety of creative tools for sourcing, feeling, expressing and creating artistic statements of truth. (ages: over 18; women-identified only; space limited to 20)